

CAPABILITY STATEMENT 2020/2021

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Federal City Recovery Services

2020/2021

To provide a continuum of care services for treatment and recovery to men, women, adolescents, and families with substance use disorders and mental illnesses.

Headquarters

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DUNS Number: 055283365



Federal City's Mission and Vision Statements are driven by our core value to deliver client-focused individualized care to all clients.

MISSION STATEMENT

To provide a continuum of care services for treatment and recovery to men, women, adolescents, and families with substance use disorders and mental illnesses.

VISION STATEMENT

A treatment and recovery facility in which all clients achieve their full potential for health and well-being without addiction strongholds.

We know the power of the mind – the power of positive thinking – the power of a good attitude. We partner with you, working together, to deliver your healing.

PRESIDENT'S MESSAGE

Thank you for taking the time to get to know Federal City Recovery Services (Federal City). We are proud to service the Washington, DC communities and we appreciate your interest. Visit www.federalcityrecovery.com to learn more information about our company.

Our story began in 1999 when I founded Federal City with an initial passion to provide social, health, and education services to the DC communities. In turn, I knew that I could have a real impact on the disadvantaged ethnic and racial populations. Therefore, I set on a journey to offer the very best evaluation, treatment, and recovery services for substance use disorders and mental illnesses. I have always been motivated to help build a solution for the many social challenges and my decades of experience have allowed me the opportunity to learn more about various health-related issues.

Today, the whole team at Federal City have the experience and knowledge to provide treatment, recovery, and transitional housing services to residents through local and federal government agencies.



Henry P. Pierce, III
President and Chief Executive Officer

THESE SERVICES INCLUDE:

- Outpatient Treatment Services for Youths ages 12-21
- Outpatient Treatment Services for Adults
- Intensive Residential Treatment
- Recovery and Transitional Housing
- Educational Workshops for Employment Preparation
- Social Detoxification

Federal City helps to fill the gap in DC treatment services and strives to perfect a continuity of care to chronic substance abusers who are willing to recover. We know that coordinating our efforts with government agencies, other treatment and recovery organizations, and with the community provides the continuum of care needed for program success and long-term recovery.

Over the years, we have worked hard to make our commitment clear – to help the DC community by providing treatment, recovery, and housing services to those with substance and mental illness strongholds. We will continue this journey to meet those needs because we believe in our purpose, our services, and the people.

We welcome the opportunity to exceed your expectations of what a treatment and recovery organization should be. Contact me at **202.735.5579** or hepierce@federalcityrecovery.org.

Henry P. Pierce, III
President and Chief Executive Officer

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INTRODUCTION TO OUR SERVICES

Since 1999, Federal City has played an important role in treating substance use disorders (SUD) for residents in Wards 7, 8 and surrounding areas in the Washington, DC community. Headquartered in the heart of DC, we have a solid reputation for providing efficient, on-point therapies and counseling to rid our neighborhoods of SUD and related mental illnesses. As a result of our success within the community, we have acquired multiple certifications and licenses to continue providing these services

Rather than implementing one-size-fits-all treatment, we aim to provide “client-focused” services. We specialize in delivering individualized treatment, recovery, and rehabilitation solutions that assist every person, regardless of age, gender, or race.

We have many advantages over the competition, but through client evaluations and discussions with Federal City staff, clients have communicated that we have the:

- Ability to understand and deliver on promises
- Commitment and passion
- Empathy and an appreciation for those who need assistance

An additional key benefit from attending Federal City is our knowledge and experience in several different disciplines. This includes providing well-informed and open communication with the client so they understand that their personal plan to long-term recovery is a marathon not a sprint. We also provide comprehensive workshops including employment preparation for those who have successfully completed their treatment program.

Federal City’s evidence-based treatment and recovery plans include the following:

- Motivational Interviewing
- Trauma-Related Therapy
- After Care Counseling
- Family Support Services
- The Twelve-Step Group Therapy Process
- Cognitive Behavioral Therapy
- Recovery Support Services
- Residential Treatment for Youths and Adults

We believe in helping as many people within Wards 7, 8 as possible with their substance use disorders and related mental illnesses. With decades of experience and education, our staff has the knowledge, patience, and know-how needed in the community. Our sensitivity and empathy assist us on the journey to helping all clients.

IDEOLOGY

Federal City was founded on three key principles and they remain the foundation for our services even today. These principles reinforce our belief that information is the key to removing limitations and the key to encouraging change for a better community.

Communicate the issue

- Educate the DC community about SUD and how much addiction can negatively impact your households and neighborhoods
- Help reduce the number of victims by ensuring those who are in need have access to information about how they can get help fast
- Provide the information about medications that can save lives during overdose related emergencies

Support without discrimination

- Encourage all clients by giving them special care from the clinical and administrative teams to complete the treatment process and to become free from drugs
- Provide easily accessible comprehensive treatment and full recovery support to all including the homeless and former ex-offenders
- Support the families and caregivers to help clients recover fully and integrate back into the community

Prepare the recovered

- Encourage the recovered to apply for jobs and show them how to seek additional employment assistance from community programs
- Provide the training necessary to prepare clients for employment and possible stigmatization from the public
- Encourage and prepare clients throughout the treatment and recovery process to live responsible lifestyles
- Provide the necessary training and education to reintegrate into the community without stigmatization.
- Support the client's long-term recovery by reducing the chances of relapse

FEDERAL CITY'S CLIENT APPROACH

At Federal City, we believe in the **CLIENT** approach:



Client-Centric

The client is at the center of all Federal City therapies, programs, and curricula.



Long-Term Recovery

Long-term recovery chances increase because we use a combination of spiritual principles, recovery principles, and group support.



Integration Services

We implement a combination of services throughout our programs to not only support the client, but the client's social environments for the purpose of incorporating back into the community.



Expectations and Evaluations

We expect clients to have high expectations about their pick for a treatment and recovery program. We expect clients to strenuously evaluate our performance throughout the program and we welcome client feedback for improvement.



No Nonsense

Our Clinical and Administrative Staffs provide "no nonsense" care and run "no nonsense" facilities. We are constantly evaluating our rules and regulations to ensure they are effective and provide the best industry standards.



Tailored Care

We evaluate every client thoroughly in order to develop, with the client, the best personalized treatment plan and ongoing care.

With the CLIENT approach, all clients will receive services that encourage social and community participation, self-accountability, and most importantly, generate results. With more than 27 years in the industry, Federal City has carefully crafted our treatment and recovery services and we know the CLIENT approach is successful thanks to our growth, stability, and clients' happiness.

WHY CHOOSE FEDERAL CITY?

This is an important question to ask yourself when you are seeking a treatment and recovery facility. Here are some reasons for choosing us to participate in your healing:

- ✓ Federal City, first and foremost, knows the importance of privacy and confidentiality. Your treatment and healing are your treatment and healing – not for the world to review, remark, or critique. Therefore, we practice and adhere to the necessary HIPPA and 42 CFR protocols for handling your personal information.
- ✓ Federal City's years of experience with helping DC residents beat addictions provide us with a strong conviction to educate the communities on the dangers and consequences of abusing drugs and alcohol.
- ✓ Federal City maintains a low staff turnover rate. We build positive relationships with our clients to help increase their full recovery rate and having a long-tenure staff is key to accomplishing this goal.
- ✓ Federal City's clinical and administrative teams are thoroughly trained in providing full customer support to all clients. The clients are important to us - this belief resonates within our team members and is carried forth in our daily operations.

CLIENT TESTIMONIALS

Testimonial 1

After working with Federal City, I wholeheartedly recommend this facility. Their commitment and determination go beyond any place I've worked with.

Testimonial 2

I was at Federal City recently and they did a good job with the monitoring the residence. We had the resources we needed and they even continued to monitor us for progress after the program was over. The staff was helpful and answered lots of questions.

Testimonial 3

The difference between a good and excellent place is that the latter helps you. This is what Federal City did for me and my family. I feel better than before.

Testimonial 4

If you choose Federal City for treatment, be sure that they will work hard with you.

BUSINESS AND NAICS CODES

Throughout the nation, Federal City partners with both government agencies and organizations. We do so under the following federal government's Commercial and Government Entity Code (CAGE), Dun & Bradstreet's Data Universal Numbering System (DUNS) Number, and the North American Industry Classification System (NAICS) codes below:

CAGE Code	3KJR3
DUNS #	055283365
NAICS Codes	
621330	Offices of Mental Health Practitioners (except Physicians)
621420	Outpatient Mental Health and Substance Abuse Centers
623220	Residential Mental Health and Substance Abuse Facilities
624190	Other Individual and Family Services
813319	Other Social Advocacy Organizations

FEDERAL CITY'S DC FACILITIES

Federal City sites are consistent with the DC Comprehensive Health Plan due to addressing the Plan needs for substance abuse treatment, mental health services and stabilization housing for persons completing treatment. Federal City Recovery's mission with this and its other sites are to bridge the gap in community needs for these services. A large percentage of the men and women who come to our programs for help have long-term chronic substance abuse, medical and mental health issues, and related services including homelessness, unemployment and family alienation.

Our programs work in collaboration with the **DC Department of Behavioral Health** for referrals, oversight, training, funding, licensing and with DC Medicaid for services certification, coordination, compliance, licensing and coordination with Federal HHS and SAMSHA Services. These collaborations work in conjunction with the District of Columbia Mayors Office, DC City Council, and the DC Community to provide these coordinated services.

Federal City Recovery Services long-range plan is to further develop its comprehensive continuity of care. Through linking our various sites program services with its various Levels of Care, our organization has been very successful at linking from “bed to bed”, or “service to service”, and now recertifying additional services slots as follows:

- 920 Bellevue Street, SE
 1. Intensive Residential Treatment Services (Level 3.5)
 2. Low Intensity Residential Treatment Services (3.1)
- 200 Atlantic Street, SE
 1. Intensive Residential Treatment Services (Level 3.5)
 2. Low Intensity Residential Treatment Services (3.1)
- 2606 Bowen Road, SE
 1. Intensive Residential Treatment Services (Level 3.5)
 2. Low Intensity Residential Treatment (Level 3.1)
 3. Environment Stability (ES-Supervised Recovery Housing)
- 3704 First Street, SE
 1. Intensive Residential Treatment Services (Level 3.5)
 2. Low Intensity Residential Treatment (Level 3.1)
 3. Environment Stability (ES-Supervised Recovery Housing)
- 2606 Pomeroy Road, SE
 1. Intensive Residential Treatment Services (Level 3.5)
 2. Low Intensity Residential Treatment (Level 3.1)
 3. Environment Stability (ES-Supervised Recovery Housing)
- 601 Raleigh Place, SE
 1. Outpatient Treatment (Level 1 and 2.1) ACRA and ASTEP
 2. o Recovery Support Services (Level RSS-education, transportation, employment, housing referral, etc.)
- 4601 Sheriff Road, SE
 1. Outpatient Treatment (Level 1 and 2.1)
 2. Recovery Support Services (Level RSS-education, transportation, employment, housing referral, etc.)

PAST PERFORMANCE

OUR PARTNERSHIP WITH THE DISTRICT GOVERNMENT

Increase or Reduction of provided services

Federal City in its collaboration with the District's Department of Behavioral Health (DBH) and the DC City Council determines the increase or reduction of treatment services at sites or service types via its funding and various population needs. If service trends are determined to be decreasing at a specific program site funding may be reduced accordingly and thereby its services. However, if service needs and demands for our facilities services increases, our budget increases and we can develop an additional site or increase bedspace, if possible, to meet the demands of the population.

All Federal City residential services and most other outreach efforts are in the Southeast Washington, DC area to service the community clients where most of them live. Federal City provides intake and assessment in the Southeast area for these prospective clients. Residents are made aware of our premium services in their neighborhoods that are also supported by the DC Government.

Effect on medically underserved populations (low income persons, racial and ethnic minorities, women, handicapped persons and other underserved groups and the elderly)

Federal City provides its services as per Federal handicap and discrimination laws and accepts into its services, everyone that the District of Columbia assesses and refers to our Levels of Care. Therefore, everywhere we provide services expands services for low-income persons, racial and ethnic minorities, women, handicapped persons and other underserved groups and the elderly. Our facilities are certified accordingly to provide non-discriminatory services.

Access to services

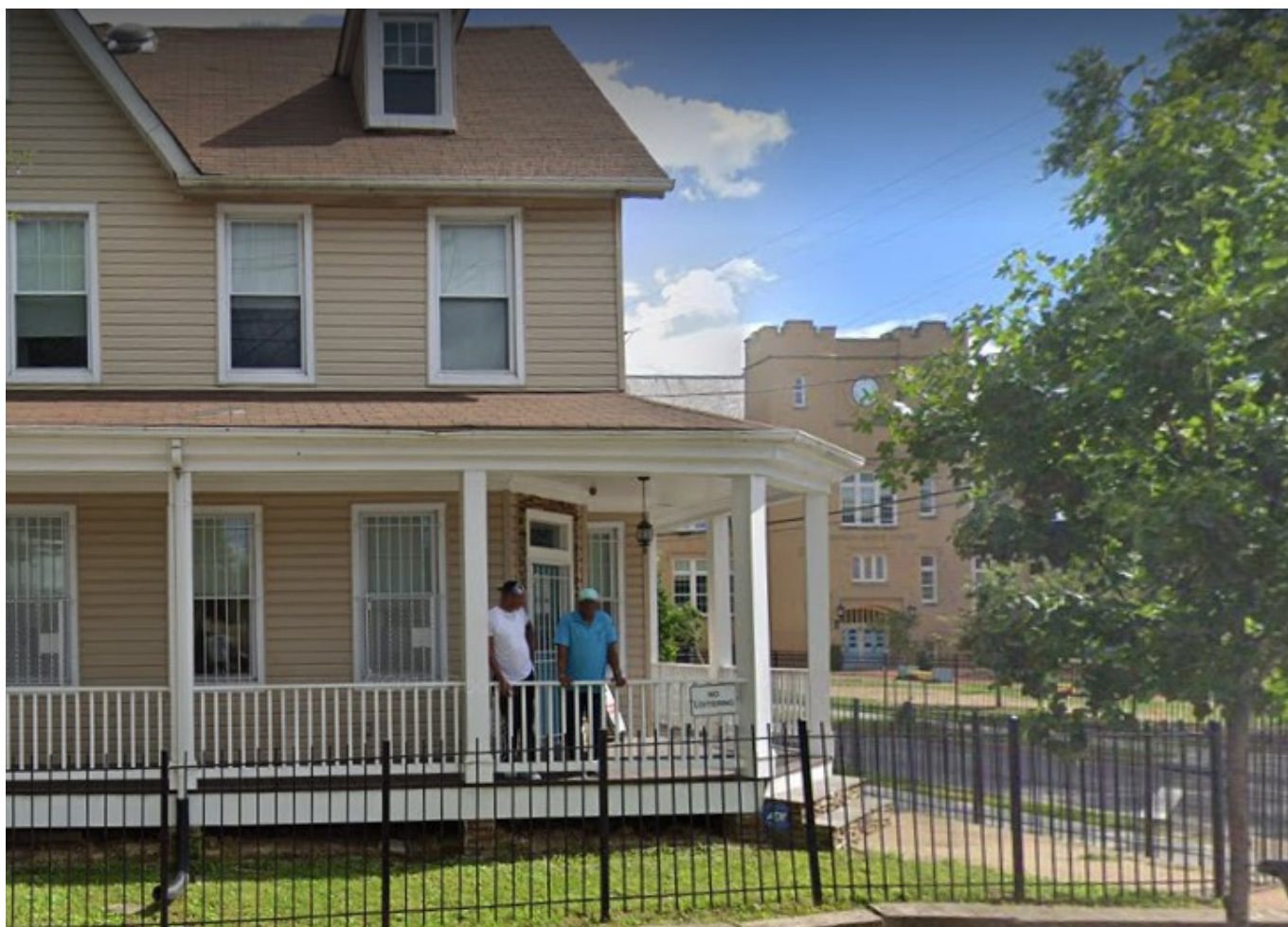
Currently all Federal City adult treatment referrals are referred directly from the DC Assessment and Referral Center (ARC at DBH). They are initially assessed there to determine their initial Level of Care needed, then the person selects which of the DC programs they prefer and placed (if program chosen has available bed-space at the time). This process comes under the "DC CHOICE Treatment Act". All Youth treatment referrals are provided as a result of Federal City Outreach efforts and treatment services are funded by Medicaid and Case Management services funded by DC DBH.

Federal City has been funded and certified since 1999 by the US Court Services and Offender Supervision Agency, SAMSHA / HHS, DC Pretrial Services, US High Intensity Drug Treatment Agency, DC Department of Health (APRA) and currently the DC Department of Behavioral Health. With all our partner agencies over the years we have been required to have the capability to provide services to these groups, or provide alternative referrals, when necessary.

CORPORATE HEADQUARTERS

Our headquarters is located at 601 Raleigh Place, SE Washington, DC 20032 in DC's Congress Heights neighborhood. Our headquarters is minutes from public transportation and minutes from downtown DC, Adams Morgan, Capitol Hill, and Columbia Heights neighborhoods.

We have 24/7 security, which allows staff and clients to work past regular hours safely. There are schools, residential homes, and businesses near our headquarters, as well as hotels and restaurants within neighboring areas such as downtown DC and Capitol Hill.



KEY STAFF

Henry P. Pierce, III, Founder/President/Chief Executive Officer

With 21 years as CEO of Federal City Recovery Services, Henry P. Pierce, III has grown the organization to 7 treatment and recovery facilities throughout Washington, DC. His years of experience in organizing, incorporating and managing corporations for successful business and accounting practices led to maximize profits and promote organizational growth/success.

Jerome Bates, Chief Operating Officer

With more than 25 years in the real estate industry, Mr. Bates has proven to be a major asset as Chief Operating Officer for Federal City's multiple locations. Since joining the FC team in 2014, his innovative ideas, implementations, and expansions of the inpatient, outpatient, and youth programs

Tara Jackson, Administrative Director

With years of organizational skills, Tara Jackson's role as Administrative Director is invaluable. She makes it her responsibility to ensure that Federal City's administrative and clinical operations work in concert and efficiently run for program execution and ultimately for the clients. Ms. Jackson adds an additional layer of systems administration for DC's DATA/WITS application for the site, manages the Federal City's billing processes, and works with other company leaders to fulfill staff requests.

Crystal Collins, LICSW, LCSW-C, Development Director

With more than ten years of experience as a practical provider of services and mid-level administrator, Ms. Collins has consistently demonstrated her mastery in multiple areas in the social work field. Her Master of Social Work degree with a concentration on mental health has been a major asset in providing therapeutic and family preservation services, developing and implementing training regiments for internal as well as external employees, implementing evidence-based practice models, conducting quality assurance analyses, and coordinating services for a number of network providers within the treatment and recovery community.

Dr. Guy Starling, Ed.D., LPC

With more than 22 years of Addiction Counseling experience, Dr. Guy Starling effectively applies his research and practical skills within a variety of professional and social settings. His Master of Arts in Human Services from Lincoln University, Ed.D in Counseling Psychology from Argosy University, CAC II, and LPC license in Washington DC is a blessing in helping Federal City and their clients.

Nashae Woods, Youth Outreach Coordinator

With well-grounded roots and education in mental health counseling and mentoring, Ms. Woods proves her value as Federal City's Youth Outreach Coordinator. Her Bachelor of Arts in Psychology from North Carolina Central University, Master of Arts in Clinical Mental Health Counseling from Greensboro, NC and Graduate Professional Counselor's License in Washington, DC, has helped to provide the insight to teach and demonstrate positive and remarkable lifeskills.

CONCLUSION

Federal City Recovery Services believes that no single issue or event causes one to abuse drug and alcohol substances. A large number of factors are the culprit and many addicts feel that their options are limited. We know that comprehensive care and treatment coupled with education is the solution to remove the barriers which plague substance abusers and this solution determines the success of long-term recovery. Our organization is centered on the belief that a continuum of care plan empowers both clients and their families to achieve their healing goals.

Federal City continuously help and look forward to helping government agencies and organizations implement programs to sustain, strengthen, and grow communities — therefore making opportunities and helping clients lead meaningful and productive lives free from addiction. We follow the principle that two heads are better than one because of the combined power of our organization and the client.

Visit Federal City's website, www.federalrecoveryservices.com, for more information on our company and its capabilities.

If you have any questions or would like to come and personally get acquainted with our staff and programs, please do not hesitate to give us a call or send us an email. We thank you for your interest in Federal City and look forward to hearing from you soon!

Take Care.

The Federal City Recovery Services Team!



CONTACT Us

Federal City Recovery Services



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